

## How to Overcome from Metabolic Disorders and Other Abnormalities?

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I read an article by experts from The University of Queensland Brisbane QLD 4072 Australia published on page 16 of the Daily Hindustan newspaper on 06/11/2025. It discusses hereditary fructose intolerance (HFI). In this condition, the body cannot break down fructose properly. Patients with this condition lack the enzyme aldolase B, which breaks down fructose. Without this enzyme, fructose accumulates in the liver, kidneys, and intestines. They did not explain why this is happening. Today, I see diabetes becoming a global epidemic. This is due to hereditary fructose intolerance (HFI), a deficiency in the enzyme aldolase B. It is causing diabetes and other metabolic disorders in everyone from children to the elderly. I have clearly written about its causes and diagnosis in my book, \*Your Health Is in Your Mouth\*. Due to lack of resources, I have not been able to present this clear document to the World Health Organization. Nor has the World Health Organization established any investigative committee or conducted research on my theory, which could benefit the public. I urge all research organizations to thoroughly read my

book and conduct research and consideration on my theory, as I have developed this theory based on my study of human physiology. For many years, leading institutions around the world have been searching for medicines and therapies to treat diabetes and other metabolic disorders. However, no medicine or theory has yet been able to cure these disorders.

To raise awareness about diabetes, a morning walk from Nayak Tola, Sugauli, via National Highway Thana Chowk, Sugauli Bazaar, and Sugauli Railway Station back to Nayak Tola, Sugauli, has been planned from 7:00 to 8:30 am on World Diabetes Day, 14/11/2025. You are all invited.

### Tips to eat and drink to get rid of diabetes.

<https://www.amazon.in/Your-Health-Mouth-ebook/dp/B08SMR3TZG>

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