

Insertion Of the Central Insertion Catheter Guided with Ultrasound, Versus Technique by Anatomical References in Adult Emergency Room Patients

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Abstract

Aim: To evaluate the complications, number of punctures and time of insertion of the central insertion central catheter (CICC) guided with ultrasound (USG) versus technique by anatomical references (TRA) in patients of the adult emergency area of the Dr. Jesús Gilberto Gómez Hospital. Mace.

Methodology: Descriptive, prospective and cross-sectional study, which included patients over 18 years of age, hospitalized in the emergency area of the “Dr. Jesús Gilberto Gómez Maza”, from Tuxtla Gutiérrez, Chiapas, during the period January 2021 to December 2021.

Results: A total of 636 patients were included, of which 46.4% (n=295) were female and 53.6% (n=341) were male, the average age was 47.6 years \pm 18.5 years. Of the total sample, the CICC was inserted with USG in 23% (n=136) and in 77% (n=490) with TRA; complications such as multiple puncture were 3.4% (n=5) with USG vs 4.7% (n=23) TRA, pneumothorax 0.0% (n=0) vs 0.2% (n=1) and arterial puncture 2.1% (n= 3) USG vs 3.3% (n=16) TRA, although it was found that complications such as multipuncture, arterial puncture and pneumothorax They were more frequent with TRA , there were no significant differences because a larger sample was required with USG (X^2 3.3122; p value= 0.7688) . Insertion at the first puncture with USG was 75.3% (n=110) versus 69.6% (n=341) for TRA, at the second puncture 19.2% (n=28) versus 21.6% (n=106), and the third or more punctures 5.5% (n=8) versus 8.8% (n=43) with USG versus TRA respectively, resulting in statistically significant greater success with USG (p value= 0.3057). The average duration was 22.85 \pm 10.18 minutes in both techniques (X^2 = 8.1759; p=0.1468) .

Conclusions: In this study there was no difference in the number of complications presented in each technique used. The ultrasound-guided technique was associated with a lower number of punctures for the installation of a central catheter; studies with a larger sample are required with the ultrasound-guided technique.

Keywords: cicc ; raceva ; seldinger ; ultrasound

Introduction

Central vessel catheterization is defined as the insertion of a biocompatible catheter into the intravascular space , whether central or peripheral, in order to maintain a patent, safe, accessible route for the administration of drugs, the infusion of solutions, as well as for the administration of diet parenterally and the determination of vital signs as appropriate 1 .

In recent years, the use of ultrasound (US) to guide the puncture and catheterization of vascular structures has become a modality that offers many theoretical advantages and that promises to make the installation of vascular access a more precise and, above all, more efficient technique. safe, with a significant reduction in complications and decreasing catheter insertion time 2 .

In a randomized controlled trial conducted in a critical care hospital in Greece in 2011, with a sample of 463 patients, I compared ultrasound-guided central vascular access insertion (200 patients) versus the anatomical reference method (201 patients). , with results of 100% success in patients in the ultrasound group compared to 87.5% in the anatomical references group ($p < 0.05$) 5 .

Another prospective and observational study carried out in a Hospital in Spain in 2015 in 118 patients in whom 175 central vascular accesses were inserted, where the safety and effectiveness of the insertion of the central vascular access was analyzed using the ultrasound-guided technique versus the by anatomical references, finding a higher first-puncture success rate in the ultrasound-guided technique (68.8% vs 48.8%; $p = 0.007$) 6 .

ambispective and longitudinal observational study carried out at the Naval General Hospital of High Specialty of Mexico, 464 patients were included, of whom 351 (76%) were guided by anatomical references and 113 (24%) by ultrasound, which required a central vascular access, 211 complications were found, of which 84% in the anatomical reference group and 16% in the ultrasound group 7.

Currently, in the state of Chiapas there are no scientific studies on the complications associated with the insertion of a central vascular access device guided with ultrasound versus the technique based on anatomical references in adult patients, which is why this study was carried out for my release from the specialty of emergency medicine and to serve as a tool for decision-making by Hospital managers.

2. Justification

This research was carried out at the Dr. Jesús Gilberto Gómez Maza Hospital, in the city of Tuxtla Gutiérrez, Chiapas, which is a second level care hospital, including all patients admitted to the adult emergency department and with indication for a CICC. , which focuses on comparing two insertion techniques, using ultrasound-guided technique versus technique based on anatomical references, to study the advantages and disadvantages of placing a central line in adult patients, since currently there are no data from studies carried out. in the State of Chiapas, which can serve as a scientific tool on the experience of safely placing a CICC.

We currently observe that the complications presented during the installation of these devices in the monthly reports of the Hospital's Catheter Clinic are increasing, due to the increasing complexity of admissions of patients with chronic degenerative diseases and difficult venous access; However, although the Hospital's emergency area adheres to the regulatory guidelines established by the Catheter Clinic area, with this research we seek to improve professional competence during this invasive procedure through the use of technology.

Finally, this study will be used for my release from the specialty of emergency medicine, and as a decision-making tool for the managers of this hospital unit.

3. Objectives

3.1.- General objective

To evaluate the effectiveness of the insertion of the ultrasound-guided central insertion catheter, versus the technique based on anatomical references in patients in the adult emergency area of the Dr. Jesús Gilberto Gómez Maza Hospital, in the period from January 2020 to December 2021

3.2.- Specific objectives

3.2.1 Know the frequency of complications associated with the insertion of the centrally inserted central catheter in each technique.

3.2.2 Calculate the frequency by sex, age group and insertion site.

3.2.3 Compare the number of punctures performed with each technique.

4.2.4 Determine the average insertion time with each technique.

4. Methodology

4.1 Study design

Descriptive, prospective and cross-sectional study.

4.2 Description of the study area

The investigation was carried out in the emergency area of the “Dr. Jesús Gilberto Gómez Maza”, which is located in the city of Tuxtla Gutiérrez, Chiapas, which includes first adult contact, adult observation and adult shock room.

4.3 Population under study

Patients aged 18 years and older, who entered the adult emergency area of the “Dr. Jesús Gilberto Gómez Maza” during the period January 2020 to December 2021, which had criteria for the insertion of a central insertion catheter.

4.4 Definitions of study units

4.4.1 Inclusion criteria:

4.4.1.1 Patients over 16 years of age.

4.4.1.2 Patients with indication for a CICC.

4.4.1.3 Patients who accept and sign the insertion consent.

4.4.1.4 Patients who enter the service during the period.

4.4.2 Exclusion criteria

4.2.2.1 Patients who do not accept the insertion of the CICC.

4.4.2.2 Patients without indication to install a CICC.

4.4.3 Elimination criteria

4.4.3.1 Patients admitted with a CICC.

Variable	Conceptual definition	Operational definition	Variable type
Sex	Physical, physiological and anatomical characteristics that define human beings as men and women.	<input type="radio"/> Male <input type="radio"/> Female	Nominal qualitative
Age	Time in years that passes from birth to the time of the study.	Years	Continuous quantitative
Age groups	Age in years, recorded in age groups	18 - 24 25 - 29 30 - 34 35 - 39 40 - 44 45 - 49 50 - 54 55 - 59 60 - 64 65 and over	Quantitative
Number of punctures	Surgical act that consists of introducing a sharp and pointed instrument into an organ.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 or more	Discrete quantitative
Insertion site	Place where the central venous catheter is inserted	<input type="radio"/> Jugular <input type="radio"/> Subclavian	Qualitative
Procedure time	Measurement in minutes of time between the start and end of the procedure, as well as the resolution of complications.	Minutes	Discrete quantitative
Insertion technique	Type of catheter insertion into the intravascular space, guided by ultrasound or anatomical references	<input type="radio"/> Ultrasound <input type="radio"/> References anatomical	Qualitative
Complications	Unfavorable evolution or consequence of a disease, health condition or the therapy used.	<input type="radio"/> Multipuncture <input type="radio"/> Arterial puncture <input type="radio"/> Hemothorax <input type="radio"/> Pneumothorax <input type="radio"/> Other <input type="radio"/> NA	Nominal qualitative

Table 1: Variables

4.6 Data collection technique and instrument

The data obtained from the present investigation were obtained from the clinical records of the Hospital Catheter Clinic and emptied into a data collection instrument designed for the study, the random insertion technique was chosen and according to the feasibility of the equipment, ultrasound and the competence of the health personnel who performed the procedure.

4.7 Data processing and analysis technique

A form was created in the statistical program EPI-INFO version 3.5.1 where all the variables to be evaluated were filled out. With the information collected, percentages, averages and standard deviation were calculated, and statistical tests were used to cross-reference the variables. Subsequently, a bivariate analysis was performed; using the X² statistic, considering a P value less than 0.05 statistically significant.

4.8 Ethical considerations

research project was submitted and accepted by the hospital's research committee. In all patients, or in any case, a responsible family member capable of making decisions, signed the informed consent for the acceptance of the insertion of the centrally inserted central catheter in the emergency area, having fully explained the risks and benefits of said procedure. procedure, resolving all doubts that arose during the authorization of said

procedure. The data and identity of each patient were protected according to the Helsinki convention, maintaining anonymity.

4.9 Declaration of conflicts of interest

Kevin Eduardo Vázquez Coutiño worked as a Resident Doctor of the Medical Surgical Emergencies Specialty at the Dr. Jesús Gilberto Gómez Maza Hospital; He is currently assigned to the second level Hospital of the IMSS of Huixtla, Chiapas.

Eliazib Natarén Cigarroa has a degree in Nursing and a Master in Public Health, working at the Dr. Jesús Gilberto Gómez Maza Hospital as Head and Leader of the Catheter Clinic.

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Zally Patricia Mandujano Trujillo is a General Physician and Master in Teaching in Sciences of the Health, serving as a professor at the Faculty of Medicine of the Autonomous University of Chiapas.

5. Results

A total of 636 patients from the emergency service of the Dr. Jesús Gilberto Gómez Maza Hospital, in Tuxtla Gutiérrez, Chiapas, were included in this

study. Of the procedures, 46.4% (n=295) were female and 53.6% (n= 341) to the male sex, see Table 1.

Sex	n	%
Female	295	46.4
Male	341	53.6
Total	636	100.0

Table 1: Population distribution by sex

Regarding the CICC insertion techniques, the anatomical reference technique was used in 77% of the patients (n=490) (95% CI; 73.5 - 80.2) and the ultrasound-guided technique in 23% of the patients (n=136) (95% CI; 19.8 - 26.5), see Table 2.

Insertion Technique	n	%
Guided by USG	146	23.0
Anatomical References	490	77.0
Total	636	100.0

Table 2: Distribution of the population by insertion technique

The insertion of CICC was carried out by trained personnel, assigned physicians in 17.8% (n=113); catheter clinic 12.6% (n= 80); first-year resident doctors 32.7% (n=208); second-year resident physicians 19.7% (n=125) and third-year resident physicians 17.3% (n=110) (95% CI; 14.5 – 20.5), see Table 3.

Staff	n	%
Attached Physician	113	17.8
Catheter Clinic	80	12.6
First year resident	208	32.7
Second year resident	125	19.7
Third year resident	110	17.3
Total	636	100.0

Table 3: Distribution of the population by personnel who install the DAVC

The CICC was inserted at the first puncture in 70.9% of patients (n=451) (95% CI; 67.2 – 74.4) , in 21.1% of patients (n=134) at the second puncture (95% CI ; 18.0 – 24.5) and in 8% of patients (n=51) 3 or more punctures (95% CI; 6.1 – 10.5); When analyzing the relationship between the insertion technique and the number of punctures performed, a higher success rate was

found for the first puncture in 75.3% of the patients in whom the ultrasound-guided technique was used (n=110), in Contrast with the group by anatomical references, only in 69.6% the success was with the first puncture (n=341) and in 8.8% of the cases it was in 3 or more punctures with this technique (n=43); $X^2= 2.3702$; $p=0.3057$. See Table 4.

Number of Punctures				
Insertion Technique	1	2	>3	TOTAL
	n (%)	n (%)	n (%)	n (%)
Guided by USG	110 (75.3)	28 (19.2)	8 (5.5)	146 (100.0)
Anatomical References	341 (69.6)	106 (21.6)	43 (8.8)	490 (100.0)
TOTAL	451 (70.9)	134 (21.1)	51 (8.0)	636 (100.0)
X^2 ; p-value 2.3702; 0.3057				

Table 4: Comparison in insertion technique and number of punctures

When evaluating the complications presented, multipuncture was found in 4.4% of patients (n=28) (95% CI; 3.0 – 6.4), followed by arterial puncture in 3.0% (n=19) (95% CI; 1.9 – 4.7), other complications (lack of cooperation, anatomical alterations and material failure) in 3.0% (n=9) (95% CI; 1.9 – 4.7), hematoma in 2.7% of patients (n=17) (95% CI; 1.6 – 4.3), migration in 0.9% of patients (n=6) (95% CI; 0.4 – 2.1) and pneumothorax in 0.2% (n=1) (95% CI; 0.0 – 1.0); of which when comparing the techniques, multipuncture

was 3.4% (n=5) with ultrasound technique versus 4.7% (n=23) due to anatomical references, pneumothorax 0.0% (n=0) with ultrasound technique versus 0.2 % (n=1) by anatomical references and arterial puncture with ultrasound technique 2.1% (n=3) versus 3.3% (n=16) by anatomical references (X² 3.3122; p value= 0.7688); It was found that the most frequent complications for the technique due to anatomical references were multipuncture and arterial puncture, see Table 5.

Complications								
Insertion Technique	Hematoma	Migration	Multipuncture	NA	Pneumothorax	Others	Puncture Arterial	TOTAL
	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Guided by USG	4 (2.7)	0 (0.0)	5 (3.4)	129 (88.4)	0 (0.0)	5 (3.4)	3 (2.1)	146 (100.0)
Anatomical References	13 (2.7)	6 (1.2)	23 (4.7)	417 (85.1)	1 (0.2)	14 (2.9)	16 (3.3)	490 (100.0)
TOTAL	17 (2.7)	6 (0.9)	28 (4.4)	546 (85.8)	1 (0.2)	19 (3.0)	19 (3.0)	636 (100.0)
X ² ; p-value 3.3122; 0.7688								

Table 5: Distribution of the population based on insertion technique and complications

We also observed that complications are not associated with the sex of the patient, with multiple punctures being the most frequent complication, which occurred in 4.7% of the female sex (n= 14), and 4.1% in the male sex (n=14).

, it is observed that in males arterial puncture occurred in 3.5% of the cases (n=12), highlighting that catheter migration in male patients also occurred in 1.5% (n=5), in comparison to the female sex in which it only occurred in 0.3% (n=1); X²= 6.1776; p=0.4036. See Table 6.

Complications								
Sex	Hematoma	Migration	Multipuncture	NA	Pneumothorax	Others	Arterial Puncture	TOTAL
	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Female	7 (2.4)	1 (0.3)	14 (4.7)	254 (86.1)	0 (0.0)	12 (4.1)	7 (2.4)	295 (100.0)
Male	10 (2.9)	5 (1.5)	14 (4.1)	292 (85.6)	1 (0.3)	7 (2.1)	12 (3.5)	341 (100.0)
TOTAL	17 (2.7)	6 (0.9)	28 (4.4)	546 (85.8)	1 (0.2)	19 (3.0)	19 (3.0)	636 (100.0)
X ² ; p-value 6.1776; 0.4036								

Table 6: Association of complications depending on sex

Successful placement of the central venous access device was achieved in 76.6% on the first attempt (n=226), in 14.9% on the second attempt (n=44) in female patients, compared to men. male in which it was achieved in 66.0%

on the first attempt (n=225) and 26.4% on the second attempt (n= 90), there was no relationship between increased risk of multipuncture and the sex of the patient; X²= 12.5515; p=0.0019. See Table 7.

Number of Punctures				
Sex	1	2	≥3	TOTAL
	n (%)	n (%)	n (%)	
Female	226 (76.6)	44 (14.9)	25 (8.5)	295 (100.0)
Male	225 (66.0)	90 (26.4)	26 (7.6)	341 (100.0)
TOTAL	451 (70.9)	134 (21.1)	51 (8.0)	636 (100.0)
X ² ; p-value 12.5515; 0.0019				

Table 7: Relationship of number of punctures associated with sex

It was shown that there are no significant differences in terms of the duration of the procedure depending on the technique used for placement, with the time of 15-29 minutes being 50.6% (n=322) in most cases in both groups; X²= 8.1759; p=0.1468. See Table 8.

Insertion time							
Insertion Technique	0-14	15-29	30-44	45-59	60-74	90 and more	TOTAL
	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Guided by USG	18 (12.3)	71 (48.6)	48 (32.9)	5 (3.4)	3 (2.1)	1 (0.7)	146 (100.0)
Anatomical References	80 (16.3)	251 (51.2)	145 (29.6)	11 (2.2)	3 (0.6)	0 (0.0)	490 (100.0)
TOTAL	98 (15.4)	322 (50.6)	193 (30.3)	16 (2.5)	6 (0.9)	1 (0.2)	636 (100.0)
X ² ; p-value 8.1759; 0.1468							

Table 8: Distribution of the population with respect to insertion technique and placement time

Insertion time

According to the insertion site, the jugular vein was used in 31.4% of the patients (n=200) and the subclavian vein in 68.6% (n=436). It was also shown that the subclavian approach site is associated with a higher

percentage of arterial puncture with 3.7% (n=16); Other causes (material failure, lack of patient cooperation, anatomical variants) were the most frequent complication for the jugular approach in 4.5% (n= 9); X²= 5.7001; p=0.4576. See Table 9.

Complications								
Site Insertion	Hematoma	Migration	Multipuncture	NA	Pneumothorax	Others	Arterial Puncture	Total
	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Subclavian	11 (2.5)	5 (1.1)	20 (4.6)	373 (85.6)	1 (0.2)	10 (2.3)	16 (3.7)	436 (100.0)
Jugular	6 (3.0)	1 (0.5)	8 (4.0)	173 (86.5)	0 (0.0)	9 (4.5)	3 (1.5)	200 (100.0)
Total	17 (2.7)	6 (0.9)	28 (4.4)	546 (85.8)	1 (0.2)	19 (3.0)	19 (3.0)	636 (100.0)
X ² ; p-value 5.7001; 0.4576								

Table 9: Distribution of complications depending on the insertion site

6. Discussion

The purpose of this research was to identify and describe the differences between both insertion techniques of a centrally inserted central catheter, above all, it sought to determine which complications were most frequently associated with each technique used, in addition to describing the number of punctures and the duration time in both.

The study was carried out on a similar number of patients of both sexes, among whom there was no method for assigning the insertion technique to be used, which was chosen by the personnel who performed the procedure, depending on the skill with each technique, with a greater percentage of the technique being performed by anatomical references; The insertion success rate was 100% in the patients evaluated, regardless of the technique used.

This study coincides with the meta-analysis of 26 studies evaluated by the authors Shao-yong Y. and collaborators, in different countries in America, Europe and Asia, multipuncture, arterial puncture and hematoma were the most frequent complications, regardless of the insertion technique used; Multipuncture being the main complication in the technique due to anatomical references in this study. Regarding the complications associated with the ultrasound-guided technique, there is material failure and anatomical variations that complicate the process of inserting the central venous catheter 8.

Corresponding to the percentage of complications depending on the technique used, a significant statistical difference was not established, but a lower number of punctures was found with the ultrasound-guided technique, coinciding with the group of researchers from the Cardiothoracic Vascular Journal of Anesthesiology, composed of Augoustides & cols, in which they demonstrate a cumulative success with this technique greater than 90% in the first and second attempts 38.

There are no studies that demonstrate time as a parameter associated with a greater risk of complications, however, in contrast to what was reported by the group of researchers by Hosokawa & cols, in which a shorter time was associated with the insertion of a central catheter. ultrasound-guided central insertion compared to the technique based on anatomical references, in this study there was no significant difference in terms of insertion time 49.

The subclavian approach was also associated as the main risk factor for performing arterial puncture, coinciding with other studies on which this research was based. In comparison, there was a higher rate of insertion success at the first puncture in females; however, this study did not describe anatomical conditions in males that could be related to these findings.

7. Conclusion

From the results obtained, it is concluded that in this study there were no significant differences in the number of complications presented with each technique, however, there is a higher success rate at the first puncture in the insertion of the CICC in patients who The ultrasound-guided technique was used, so it is important to implement this technology as a support tool for this type of invasive processes and thus reduce the number of punctures performed and consequently the number of complications.

Related to the cases of multipuncture reported in this study, it is important to mention that during the first months of the study, the personnel who used the ultrasound-guided technique were in a training period in this technique, therefore, this could be a reason between the difference in the results found in this study and other authors with a significant level of evidence in which it is not associated with multipuncture as the main complication with the ultrasound-guided technique.

Finally, it is advisable to implement a deep and well-structured training strategy for the personnel who install the centrally inserted central catheter at the Dr. Jesús Gilberto Gómez Maza Hospital, in Tuxtla Gutiérrez, Chiapas,

following international guidelines regarding ultrasound assessment, the ultrasound-guided insertion planes, as well as the anatomical evaluation of central veins to detect variants, and unify the procedure in all shifts to increase patient safety, taking into account at all times the use of ultrasound as a necessary tool to reduce the number of complications in patients and improve the skills of health personnel.

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9. Annexes

Patient			Age:
Sex:	Time:		
Placement site	Subclavian ()	Jugular ()	
Technique	Guided with USG ()	Anatomical References ()	
Number of Punctures			
Complications	<input type="checkbox"/> Multipuncture <input type="checkbox"/> Arterial puncture <input type="checkbox"/> Hemothorax <input type="checkbox"/> Pneumothorax <input type="checkbox"/> Migration <input type="checkbox"/> Others Specify: . <input type="checkbox"/> NA		

Table 8: Data collection instrument

Complications	n	%
Hematoma	17	2.7
Migration	6	0.9
Multipuncture	28	4.4
NA	546	85.8
Pneumothorax	1	0.2
Others	19	3.0
Arterial Puncture	19	3.0
Total	636	100.0

Table 9: Frequency of complications

Insertion time	n	%
0-14	98	15.4
15-29	322	50.6
30-44	193	30.3
45-59	16	2.5
60-74	6	0.9
90 and more	1	0.2
Total	636	100.0

Table 10: Population distribution by time of the procedure

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