

# The Perspective of Lymphokines in Disease Diagnosis

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**Received date: August 15, 2023; Accepted date: August 31, 2023; Published date: September 04, 2023**

**Citation:** Nnodim Johnkennedy, Mary Jane IF, Edward Ukamaka, (2023), The Perspective of Lymphokines in Disease Diagnosis, *International Journal of Cardiovascular Medicine*, 2(5); DOI:10.31579/2834-796X/041

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## Abstract

Lymphokines is an overview of the various soluble mediators that play a role in the immune system and of their possible interrelationships. Lymphokines and monokines may quite properly be regarded as the hormones and chalones of the immune system. They play a wide variety of biological roles. Similar macromolecules can be produced by cells other than lymphocytes or macrophages, as long as an adequate triggering stimulus is provided. Many nonspecific humoral factors resembling nonspecific lymphokines are found in the hemolymph of a wide variety of invertebrates. Among these are lysozyme and other enzymes, hemagglutinins, immobilizing and cytotoxic substances (lysins), a clotting system, clumping and activating factors for hemocytes, the components of a hemolytic system resembling the alternative complement pathway, virus-inhibiting factors, etc. After the infection or introduction of foreign bodies, there are substantial quantitative and qualitative changes in many of these. The chapter illustrates a hypothetical evolutionary sequence (A-C) showing the derivation of T- and B-cell lineages from undifferentiated primitive wandering cells. It discusses the lymphokine action on target cell functions.

**Keywords:** perspective; lymphokines; disease; diagnosis

## Introduction

Activated cells' non-immunoglobulin secretory products, known as lymphokines, have a variety of powerful physiological impacts on immunological responses and inflammation. Lymphoid cells cultivated in vitro for only a few days create soluble compounds called lymphokines. One of the various effects of lymphocyte activation is the creation of lymphokines. Both the nonspecific stimulation of lymphocytes from nonsensitized animals and the specific antigenic stimulation of lymphocytes generated from sensitized animals can promote the generation of lymphokines. If the right stimulant is used to activate the lymphocytes, both T- and B-lymphocytes can create lymphokines. Immunoglobulins or immunoglobulin fragments are not lymphokines. They have no structural resemblance to any immunoglobulin molecule that is currently understood. They are typically stimulated by substances that interact with membrane receptors and then released as a result of that stimulation. In the absence of external stimulation, lymphocytes in continuous culture can also create lymphokines. Proteins make up all lymphokines. Although while most lymphokines lack evidence of specific membrane receptors, some lymphokines appear to affect their target cells by reacting with these receptors. Lymphokines don't seem to be enzymes for the most part. The most effective way to understand how lymphokines work is to compare their basic action to that of glycoprotein hormones. Both involve binding to a particular membrane receptor, releasing a secondary messenger, and going through an intracellular biochemical sequence that results in the particular lymphokine effect. Lymphokines and associated factors have also been linked to processes like hyperkeratinization, angiogenesis, and wound healing that are not specifically immune-related (Edgar et al., 2013)

Additionally, it focuses on the biological functions of lymphokines in the development of several pathologic conditions, allograft rejection, and cell-mediated immunity. The formation of cell-mediated immune responses, which are crucial for delayed hypersensitivity, infectious immunity, and tumor immunity, is mediated by lymphokines. Normal macrophages that have been exposed to migration inhibitory factor (MIF) supernatants or partially purified MIF undergo significant changes in their cellular shape under a light microscope. The ability of inflammatory lymphokines to mobilize, recruit, and activate a variety of circulatory cells that can take part in local inflammation is their shared trait. The potential of lymphokines to enhance the interaction between sensitized cells and a particular antigen to produce a physiologically beneficial response makes them of utmost relevance. The ease with which delayed hypersensitivity to bacterial antigens can be induced and the presence of mediators in mycobacteria-infected animals' serum after antigen challenge raises the possibility that mediators are engaged in immune defense against infections. Lymphokines have the ability to activate macrophages for tumoricidal activity. Although the expression of this ability appears to be suppressed under normal conditions, -cells have the ability to produce lymphokines. A significant connection between the immune system and the inflammatory system is made possible by the responses of cell-mediated immunity. an essential connection exists between the immunological and inflammatory systems. (2013) Nancy et al.

The family of lymphokines is made up of a diverse range of lymphocyte products that are chemically and functionally unique from immunoglobulins and that have different biological effects on various target cells. This chapter describes the mechanism of action of a class of lymphokines distinguished by their capacity to block the in vitro spontaneous motility of the macrophage

and the neutrophil polymorphonuclear leukocyte, two phagocytic cells. It describes how lymphokines affect cells' spontaneous motility, or its haphazard movement when chemoattractants are not present. In a variety of culture mediums, macrophage migration happens normally as long as glucose and sodium bicarbonate are present in low amounts. The cellular physiology of the target cells that migration inhibitory factors (MIFs) influence is described in the chapter. As it functions normally when cytochalasin B is present, the MIF-receptor connection is not dependent on microfilaments. Adenylate cyclase is inhibited in part by the increase of  $\text{Ca}^{2+}$ . The way that concanavalin A (Con A) influences the number of cells is strikingly similar to the way that MIF works. (Edgar, 2013).

### **Role of Lymphokines on Lymphocyte**

A lymphokine is a non-immunoglobulin polypeptide substance synthesized mainly by T cells that affect the function of other cells. It may either enhance or suppress an immune response, facilitate cell proliferation, growth, and differentiation, and act on gene transcription to regulate cell function.

### **The Activation of Macrophages by Lymphokines**

Animal-derived macrophages that have been exposed to specific bacteria are better able to attack tumor cells and other germs in a non-specific manner. When compared to macrophages taken from animals without an infection, these cells—known as activated macrophages—show a multitude of biochemical, morphological, and functional modifications. Protease, peptone, thioglycollate, and casein are all routinely used to activate macrophages, and they all change macrophage function. Evidence suggests that macrophages can be activated and have their functions changed by lymphocyte mediators. These modified macrophages also show an improved capacity to control some bacteria and eradicate tumor cells. Macrophages that are directly incubated with sensitive lymphocytes and antigen show changes that are more pronounced than those that are directly incubated with lymphocyte mediators, which may indicate that contact with the lymphocyte enhances the activation process or that some factors produced by lymphocytes are labile. The generation of lymphocyte mediators by incubating sensitized lymphocytes with particular antigens or mitogens is covered in this chapter. It clarifies the description of the mediator produced by lymphocytes that causes macrophage activation. The chapter explains the modifications that lymphocyte mediators cause in macrophages (John et al., 2013).

### **Lymphokines' Effects on Neutrophils**

The majority of bacterial and fungal pathogens are quickly destroyed by the innate host defense, which is mediated mostly by neutrophils before the intricate humoral and lymphocyte cellular processes of acquired immunity can combat infection. It is a kind of white blood cell that supports the immune system and aids in the body's ability to fight infection. Neutrophils are among the first immune cells to react when bacteria or viruses enter the body (Graham et al. 2013)

### **Lymphokine Effects on Basophils**

The least frequent kind of white blood cell is this one. Although their purpose is still unknown, they might contribute to allergic reactions. To combat particular viruses, bacteria, and other external invaders, lymphokines create antibodies (Graham et al. 2013)

### **Lymphokines' Function in Eosinophils**

It plays a key role in the fight against viral infections and is mostly to blame for allergies in the human body (Rook et al. 2013)

Lymphokines that exhibit cytotoxic or cytostatic effects on nonlymphoid cell cultures in vitro are known as lymphokines or lymphocyte effector molecules (LEMs). The in vivo phenomena of allograft rejection, tumor immunity, autoimmune disease, and delayed hypersensitivity reactions are typified by the in vivo cytotoxic or cytostatic activities associated with the group of LEM, suggesting that they may participate in a variety of tissue-destructive or growth-restrictive reactions observed in cell-mediated immunity. Human lymphotoxins (LT) molecules may consist of a system of unique and related members that can complex with one another and Ig-like

molecules, according to immunologic and physical research. There are various xenogeneic anti-LT sera that can prevent LT-induced cytolysis in vitro. The immune interferon or LT system members are likely to blame for the growth-inhibitory properties of human lymphocyte supernatants or nonlymphoid cells. These components' relative amounts and the target cell used in the experiment would determine how these components would be detected. In vitro LT release only occurs from activated lymphoid cells. The activating substances, such as antigen or mitogen, engage with receptors on the surface of lymphocyte cells to cause activation. (2013) Gale et al.

### **Lymphokines and Cell-Mediated Cytotoxicity**

One of the most significant discoveries in the brief history of lymphokine biology may be the discovery of cytotoxic activity in the supernatant of lymphocytes grown with either an antigen or a mitogen. The result is significant because it raises the idea that the toxic substance, known as lymphotoxins, plays a crucial physiological function in many forms of tissue death that is mediated by immune system cells. The difficulties in making the argument that lymphotoxin contributes to cell-mediated cytotoxicity are covered in this chapter. It focuses on cytotoxic reactions where the effector cell is a lymphocyte or T cell produced from the thymus. T-cell mediated lysis is a phenomena with undeniable physiological importance in the regulation of the growth of some neoplasms as well as in the rejection of allografts. T-cell-mediated cytolysis is not mediated by antibodies or the complement system. T-cell-mediated lysis displays exceptional immunological specificity. Intimate interaction between the effector cell and its homologous target is necessary for cytolysis. Cytolysis does not take place when the killer and target cell are separated, either by a semipermeable membrane or by suspension in a viscous medium like dextran or agarose. DNA synthesis is not required for the generation of lymphocytes, but a functioning protein-producing cell is (Zuhair et al., 2013)

### **Measuring the Production of Lymphokines in Human Illness**

For the host's immune system to effectively defend itself against infectious and potentially malignant illnesses, inflammatory cells at the sites of delayed hypersensitivity reactions must rapidly accumulate and become activated. The idea that activated lymphocytes produce and release soluble substances known as lymphokines that regulate inflammatory cell accumulation and activation has been valuable for understanding the mechanisms of cell-mediated immunity. It's possible that defective cell-mediated immunity is related to lymphokine production being dysfunctional. A number of therapeutic applications for measuring lymphokine production include identifying antigens to which a host has been sensitized, offering potential explanations for the process causing tissue damage in some disorders, and illuminating the mechanics of some immunodeficiency conditions. This article presents numerous tests for the production of lymphokines that have been effective in clinical research and offer evidence that such measurements may be beneficial in figuring out the pathophysiology of some human disorders. The chapter offers fresh perspectives on the identification and management of diseases with an immunological basis (Ralph et al. 2013)

### **Sources of Lymphokines from Cells**

Cellular sources of lymphokines. The immune response is regulated by a large and diverse family of molecules called lymphokines in numerous ways. The lymphokines produced by B- and T-lymphocytes, macrophages, and lymphoid cell lines—all lymphoid cells—are examined in this article. Lymphokines are the end product of stimulated lymphoid cells. Both T- and B-lymphocytes have the capacity to create a large range of lymphokines with related functional characteristics. Lymphokine synthesis is often triggered by cell activation. The mechanism of triggering lymphokine synthesis is comparable to the activation that results in cell proliferation or antibody production. B-lymphocytes are triggered to create lymphokines in contrast to T-cells through various ways. Lymphokines have been discovered in normal and malignant cell lines from both human and animal sources, as well as B- and T-cell culture supernatants. At least three significant elements that influence lymphocyte activation are the type of signaling agent, the necessity of macrophages as accessory cells, and the requirement for T-cell activation by particular antigens (David et al., 2013)

### in the same way as lymphokine mediators Unlymphoid Cells Generate

The ability of T-cells to create lymphokines is well known. Lymphokines can be released when particular mitogens non-specifically stimulate B-cells. Replicating nonlymphoid cell cultures can emit lymphokines or compounds with analogous biologic and physicochemical qualities. Alternatively, nonlymphoid cells can become infected with particular viruses in vitro or in vivo, which can also cause them to appear. Inhibitory efficacy of macrophage migration in the supernatants of SV-40-infected African In this chapter, examples of green monkey kidney (AGMK) cell cultures are given. Nonlymphoid cell cultures that are reproducing release lymphokines or chemicals that resemble lymphokines, and these compounds may also become visible once specific viruses infect nonlymphoid cell cultures. While not having been extensively separated and described, these mediators seem to be separate from interferons. One class of cells called lymphocytes produces a subset of cytokines known as lymphokines, which are triggered in certain ways. A common physiologic phenomenon called cytokine production could support host defense. While migration inhibitory factor (MIF) derived from human, monkey, and mouse cells is active on guinea pig macrophages and human lymphocytes, chemotactic factors derived from chicken and monkey cells are active on rabbit neutrophils and macrophages. This suggests that cytokines do not appear to have any species specificity at all (Bigazzi et al., 2013).

Purification and Characterization of Lymphokines describe numerous attempts that have been undertaken to define lymphokines and suggest interesting future avenues. It goes on to detail a number of lymphokine instances, each of which has had its similarities and differences carefully analyzed. The adhesion of macrophages to culture dishes and their ability to disseminate out have both been enhanced by lymphokine-rich supernatants. While no migration inhibitory factor (MIF) activity could be seen at the locations of delayed hypersensitivity skin reactions, macrophage chemotactic activity was recovered from those areas. Contrarily, such in vivo recovered chemotactic factor can cause delayed-type hypersensitivity skin reactions when injected into normal guinea pig skin, indicating that skin extracts with chemotactic activity also possessed skin reactive factor (SRF) activity. The availability of more exact biochemical characterization and purification techniques for lymphokines would substantially speed up scientific progress in this area. It may be feasible to recreate different lymphokine activity by adding to some fundamental backbone structure or building block, one of which is hypothesized as the "Mother Factor," rather than physically chopping and dicing up lymphokine preparations (Takeshi et al. 2013)

### Lymphocyte and Macrophage-Derived Mitogenic "Amplification" Factors' Biological Impacts

A very small number of specially sensitive lymphocytes initiate both cellular and humoral immune responses. Its modest reaction may be amplified by mitogenic substances due to their lymphoproliferative effects. The recruitment of uncommitted lymphocytes by nonspecific mitogenic stimuli can increase the number of lymphocytes that take part in a particular immunological response. Operationally, mitogenic factors—also known as blastogenic or transforming factors—are defined as the processes that manifest in leukocyte culture supernatants and initiate lymphocyte division or synergistically enhance cell division brought on by other lymphocyte stimulants. In leukocyte cultures, one or more cell types, such as lymphocytes, monocytes, neutrophils, or platelets, may produce mitogenic substances. Lymphokine synthesis and the accompanying recruitment of inflammatory responses implicated in the efferent limb of the immune response can be induced by mitogenic or closely similar stimuli. Target cells also mature as a result of mitogenic amplification factors. Cell division is thought to be an unavoidable result of maturation. (Steven and others, 2013)

### Characterization of Mitogenic Factors and the Influence of These Factors on the in Vitro Antibody Response

Before a precise understanding of the roles of these factors in immune responses can be outlined, lymphocyte activating factor (LAF) and lymphocyte mitogenic factor (MF) must first be purified and characterized. The biochemical characterization of the two lymphoproliferative factors,

LAF and MF, is covered in this chapter. The regulation of in vitro antibody production also involves LAF and MF. Based on their differing molecular weights, LAF and MF can be recognized as being produced by various types of cells. As in vitro-specific antibody manufacturing involves lymphoproliferative activities, it is conceivable that the regulation of this process may involve the mitogenic factors. Factors that can enhance antibody production in vitro are also present in supernatants with mitogenic activity (either LAF or MF). The thymocyte proliferation inducing factor, LAF, has the ability to improve both the conventional and non-conventional T-cell-deficient mouse spleen cell cultures' in vitro antibody response. Although the primary target cell of LAF has not been identified, it may help control the production of antibodies (John et al. 2013).

### Macrophage Immunoregulatory Products

As an immunoregulatory cell, macrophages have an important function. The inhibitory effects of macrophages on lymphocytes are covered in this chapter, along with the mediators involved in these interactions. Moreover, macrophages and the byproducts of them control the immune system in vivo. The connection between suppressor lymphocytes and macrophages is discussed in the chapter, as is the function of the macrophage as a vital intermediary cell in the activity of several lymphokines. Macrophage membranes may prevent spleen cell cultures from mounting an immunological response. By interfering with the interactions of various T-cells, likely by absorbing some crucial positive intercellular mediators, the macrophage membranes suppress the response. Given that lymphokines stimulate macrophages, the connection between macrophages and lymphocytes is reciprocal. An immune system negative feedback loop is created by the inhibiting effect of active macrophages on lymphocytes. By releasing soluble mediators, macrophages at least in part suppress the immune system. Moreover, macrophages' macromolecular byproducts may have immunosuppressive properties. Lymphocyte responses are inhibited by interferon and complement components, especially those of the alternative pathway (Philip et al. 2013).

### Nonantigen-Specific Lymphokines in the Collaboration of T Cells and B Cells

Many of the immune responses that are cell-mediated are amplified by nonantigen-specific mediators called lymphokines. Concanavalin A's (Con A) activation of T-cells has proven to be especially effective for the production of highly active preparations. T-cells stimulated to alloantigens in irradiated semiallogeneic recipients are a common source of T-cell-replacing factor (TRF)-like molecules. Ly 1 + 2-phenotyped T-cells, which are necessary for TRF synthesis, are now understood to be the traditional helper cell phenotype. Within the first 24 hours after T-cell activation, TRF-like molecules are generated. The addition of tosyl-L-lysyl chloroketone, an inhibitor of proteases, to the cultures of T-cells exposed to Con A also inhibits the formation of TRF. The chapter provides an example of how adding isolated Fc-fragments can block the major anti-sheep red blood cell (SRBC) response. Before T-cells to serve as effector cells, they may also need a specific signal. Other T-lymphocytes' soluble factors appear to be the mediators of this signal. Similar biological mediator molecules may be responsible for the differentiation of T- and B-cells to their final functional states (Wecker et al. 2013).

### Regulatory Elements in the Immune Response Specific to the Antigen

T-cells are thought to play a significant part in controlling antibody production and other immune responses. Certain T-cells, or helper cells, boost the B-cells' production of antibodies. The antibody response is reduced by other T-cell suppressors. These two events are intricate and involve several cellular interactions. The helper pathway, its antigen-specific mediators, and the particular suppressor pathway and its mediators are all covered in this chapter. The genetics of the interaction between T-cells and macrophages varies. Identity in the I-A subregion of the H-2 complex is necessary for soluble antigens. If the antigen is a particle, this criterion is not present. The T-T and M-T interactions may, to some extent, be antigen-specific; the M-T interaction because an antigen is present in the macrophage factor necessary is known as a genetically restricted factor (GRF). A reasonable percentage of the impact of helper cells themselves



is provided by the actions of antigen-specific helper factors. In vivo or in vitro induction of immunoglobulin M (IgM) and immunoglobulin G (IgG) responses is possible. (Sarah and others, 2013)

### Suppressor T-Cell Factors with Specific and Nonspecific Action

T-cells, which are lymphocytes generated from the thymus, control how lymphocytes interact. The discovery of the interactions between various classes or subclasses of lymphocytes has resulted in the problematic situation where either lymphocyte must come into close contact with one another or a soluble mediator (factor) must be produced by one cell population that exerts a regulating effect on another lymphocyte population. At least two lymphocytes must be physically adjacent for there to be intimate cellular interaction. On the other hand, the need for direct interaction with the second lymphocyte is removed when one cell produces a circulating soluble factor in vivo. The suppressive elements, both antigen-specific and non-specific, that T cells seem to produce are discussed in this chapter. In its broadest definition, antigenic competition refers to non-specific, antigen-induced suppression. When a second, unrelated antigen is injected, the effect appears as an apparent lack of reactivity to the first antigen. This chapter presents a potential framework for suppressor cells, suppressor factors, and their interactions (Carl et al., 2013).

### Lymphoid Tissues Produce Colony Stimulating Factors

When stimulated by phytohemagglutinin, pokeweed mitogen, concanavalin A (Con A), or mixed leukocyte cultures, mouse and human spleen, lymph node, and peripheral blood cell cultures can create GM-CSF, the glycoprotein that promotes the production of polymorphs, and monocyte-macrophages. T-cells are required for the process, which requires active protein synthesis. The role of adherent cells seems to be modest, at least for phytohemagglutinin (PHA) reactions. Four related glycoproteins that selectively promote granulocyte—macrophage, eosinophil, megakaryocyte, and erythroid proliferation are generated in mouse spleen cells activated by the pokeweed mitogen. T-lymphocytes and adherent cells are both necessary for the creation of these factors, which also depend on DNA and protein synthesis. Although it is unlikely that lymphoid cells primarily produce the hemopoietic regulatory factors, in some cases, lymphoid synthesis of these regulators may be crucial in regulating hemopoiesis. Many components with biological activity, ranging from H2 antigens to thrombokinases, are present in the medium conditioned by lymphoid populations triggered by antigens. In this chapter, we'll talk about how lymphoid populations use mitogens to produce colony stimulating factor (CSF) in active conditioned media. (Donald and others, 2013)

### Lymphokines' impact on Rickettsia

For interferons and tumour necrosis factor, the specifics of lymphokine effects on rickettsial infection are primarily understood. Cytokines have the ability to alter the interactions between rickettsiae and their host cells in a number of ways, including by preventing rickettsial growth, killing rickettsiae directly within the cell, having cytotoxic effects on infected host cells, and preventing the onset of rickettsial infection. Model systems containing TG and SFG rickettsiae have all of these effects. The data made with a specific Rickettsia should not be taken as a general rule, however, as infection with each analyzed species and even strain of Rickettsia leads to unique patterns of responses to lymphokines.

In many cell lines, rickettsia infections cause the synthesis of IFN/IFN and IFN, and this elevated interferon activity is correlated with an antirickettsial effect. IFN-induced antirickettsial effects are caused by a number of inhibitory mechanisms, including those also found in macrophages. These include the upregulation of indoleamine 2,3-dioxygenase and depletion of tryptophan pools in infected cells, as well as the activation of NO-synthase-dependent and -independent mechanisms. In contrast to avirulent Madrid E, virulent strains of *R. prowazekii*, such as strain Breinl, are more susceptible to the inhibitory effects of IFN. The capacity of pathogenic strains to proliferate in macrophage-like cells is closely correlated with their resistance to IFN, IFN/, and TNF, in

particular. Lymphokines' effects on infection with *R. conorii* and *R. akari*, two SFG rickettsiae that don't appear to respond to the same antirickettsial mechanism that kills *R. prowazekii*, have been studied.

The combined cytotoxic effects of Rickettsia infection and IFN treatment vary greatly depending on the kind of host cell line. For rickettsiae to be induced, adequate entrance and beginning metabolism are crucial.

Nitric oxide synthase may be involved in the anti-rickettsial effects of TNF because inhibiting it allows *R. conorii* Malish strain and *R. prowazekii* strain E to proliferate again in L929 cells. Pre-treatment with IFN increases TNF's ability to prevent rickettsial growth. TNF has only been shown to have a cytotoxic, NO-synthase-independent effect on *R. prowazekii* infection in L929 cells; no such effect was seen in RAW264.7 cells. Several types of cells infected with *R. conorii* did not exhibit host-cell-directed cytotoxicity caused by TNF therapy. (2015) Dongyou

### Neurodegenerative Disease and Injury-Related Inflammation

Multifunctional immunoregulatory proteins released by immune system cells are cytokines, chemokines, and lymphokines. TNF (tumor necrosis factor), the IL-1 and IL-6 families of cytokines, interferon (IFN), and transforming growth factor (TGF) all control inflammatory processes that affect the permeability of the BBB within the CNS in a context-dependent manner. While having immunoregulatory functions, cytokines can also have neuroprotective effects, and some of them, like TNF, have been demonstrated to affect neurotransmission. Nevertheless, cytokines and chemokines can cause harm to myelinated axons as well as the death of neurons, oligodendrocytes, and astrocytes in specific circumstances. The kinetics, cellular source, degree of cytokine release compartmentalization, pathophysiological setting, and presence of coexpressed variables all affect how cytokines operate in the brain. TNF-, IL-1 and IL-6 levels rise in a variety of CNS illnesses, such as ischemia, trauma, multiple sclerosis, Alzheimer's disease (AD), and Parkinson's disease (PD). While there is no evidence to suggest that any of them have a part in the development of any of these diseases, cytokine-driven neuroinflammation and neurotoxicity may affect how some neurodegenerative disorders advance over time. (2017) Tansey et al.

### Conclusion

This review focuses on the activities of specific cell types that produce considerable amounts of lymphokines. Unquestionably, the lymphoblastoid cell lines could be useful in this regard. Yet, these lines have not yet been used to their full potential. As interest in lymphokines increases and techniques for isolating, purifying, and identifying them evolve, these cell lines may be utilized more frequently. Moreover, a number of lymphokines are spontaneously produced by lymphoblastoid cell lines. Lymphokines have been discovered in the culture supernatants of B and T cell lines, as well as normal and malignant, as well as human and animal cell lines. Typically speaking, lymphokine production is higher in B cell lines than T cell lines. These lymphokines are chemically and structurally related to those made by normal lymphocytes, according to preliminary research.

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